



## All the Family HEALTHY!

Yes, they're all healthy and happy because among other common sense health principles they observe, they breathe fresh air in the home. And they all keep warm and comfortable in the coldest, bluest weather, too. That's because their home is economically heated with a

## Warm Air Furnace Does Double Duty

A warm air heating system is just as durable, serviceable, reliable and trouble-proof as any modern, high-grade heating system. And it doesn't cost anywhere near as much to install, nor to operate afterward.

But this system not only heats but VENTILATES. It forces out vicious germ-laden, poisonous air and constantly replaces it with a steady stream of heated, pure air—delightful to breathe and a million times more healthful.

If you're going to have a new heating plant, you might as well have the best—and the most healthful.

## PLAN Specifications FREE!

Come and talk the matter over. Let us draw up a heating plan to suit your own needs. No installation, no charge. No obligation anyway. Come TODAY.



W. OSWELL JACKSON CO.,  
Rear Journal Building  
Logan, Utah

## HOW I BECAME A STAR

By Viola Dana, Famous Metro Picture Star.

It might seem presumptuous for me to speak of my starring career, since I am one of the younger stars, but really, I have worked hard to reach my position and I believe I appreciate it just as much as the older women do. So many people cannot get over the impression that I am still a child. They always think of me as, The Poor Little Rich Girl.

But I am very much grown up, having celebrated my nineteenth birthday only a short while ago. I believe the foundation of my success was laid by simple living my parents insisted on, and the gymnastic exercises my father put me through while I was still only a baby. Father was a crank on physical well-being, and it was well for my sisters Edna and Leonie, and me that he was. We are all healthy girls as a result of his training and my mother's devotion to simple diet.

### Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; hence deafness is not a local but a general condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

J. C. HENNING & CO., Toledo, Ohio.

Sold by Druggists.

Take Hall's Family Pills for constipation.



Buffalo Bill's Wild West with the Sells-Floto Circus in Logan Aug. 24

I just happened to interpret parts in the way I did. They were very much mistaken.

I studied The Poor Little Rich Girl, as seriously as Miss Ethel Barrymore studies her parts and though I admit that I was more fortunate than many are, in receiving adequate rewards for my labor, yet I cannot think it was all undeserved. Good hard work does tell.

After, The Poor Little Rich Girl, I remained in motion pictures work by preference, although I have always continued to have offers to appear in dramatic productions. Among my more well-known photo-plays have been The Storing, The Slave Student, The Innocence of Ruth, Children of Eve, On Dangerous Paths, Gladiola, Cohen's Luck, The House of the Lost Court, His Sister's Champion, and The Cossack Whip, with more short-reel pictures than I can count or remember. My earlier appearances were for the most part with the Edison company.

I cannot say which I like more, the picture I am now working in, which will be called Out of the Darkness, or the one that was released a short time ago, called, The Flower of No Man's Land. Both of these are in connection with my new affiliation, Metro Pictures Corporation, with John H. Collins as a most inspiring director.

When I begin work on a new picture, it fairly possesses me. I can think of nothing else. I talk over the scenes, the most effective ways to produce them, and especially—always—the psychology of the part.

What would the character do under these conditions, being just herself, and not any other person in the wide, wide world?

In that way I "get under the skin" of my character, and I am able to put in the little intimate appealing touches, that come straight from my heart, and which the public seems more and more to expect from me. It is my sympathy with human nature, more than anything else, which has made me, and which, I hope, will keep me a star.

### LIVER TROUBLE

"I am bothered with liver trouble about twice a year," writes Joe Dingman, Webster City, Iowa. "I have pains in my side and back and an awful soreness in my stomach. I heard of Chamberlain's Tablets and tried them. By the time I had used half a bottle of them I was feeling fine and had no signs of pain." Obtainable everywhere.—Adv.

## \$78,000,000 Gone

Appropriations in Four Bills Almost Equal the Increase in Income Tax

The increase in the Income Tax, which the Democratic regime proposes to leave to the business and prosperity of the country as a final legacy of injustice, is in reality totally unnecessary. Perhaps we should rather say was unnecessary since some of the graft and extravagance for which it is to pay has been enacted into law and bears President Wilson's fiat.

By boosting the Income Tax, it is expected that about \$100,000,000 will be raised. This is the figure officially given out by the Treasury Department and the Committee on Ways and Means. Now there are a number of measures making appropriations which are in whole or part unnecessary and undesirable at the present time but which are included in the Democratic program for the year. They have all been the object of more or less general condemnation, in some cases as predatory in others merely as superfluous and untimely. At any rate the general opinion is that they would not have been passed at the present session save for motives of graft and partisanship. Of these measures are:

The Rivers and Harbors bill, already passed by both houses and awaiting the President's signature; it carries appropriations of about \$43,000,000, of which some \$23,000,000 is pure graft.

The Federal Good Roads bill, already signed by the President; it appropriates \$85,000,000 of which \$10,000,000 is for roads in national parks, a commendable appropriation; the remaining \$75,000,000 is to be doled out to the States for semi-political purposes at the rate of \$15,000,000 a year.

The Public Buildings bill, largely an annual distribution of pork; it is still pending in Congress; it carries appropriations of \$35,000,000 of which at least \$20,000,000 could be indefinitely postponed without the slightest injury to any important interest, national or local; it is pretty sure to pass.

The Nitrogen from Air graft measure, already signed by the President

**Don't Worry**  
about your digestive troubles, sick headache, tired feeling or constipation. The depression that induces worry is probably due to a disordered liver, anyway. Correct stomach ailments at once by promptly taking

## BEECHAM'S PILLS

They aid digestion, regulate the bile, gently stimulate the liver, purify the blood and clear the bowels of all waste matter. Safe, sure, speedy. Acting both as a gentle laxative and a tonic, Beecham's Pills help to

## Right The Wrong

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10c., 25c.

and carrying \$20,000,000 of appropriations.

These measures represent a total annual outlay of at least \$78,000,000 which might have been dispensed with and the country would be loser in no imaginable manner or degree. We have taken no account of such waste, extravagance or financial blundering as are involved in the Federal militia system or the new farmers bank (ad). We have listed simply the indefensible abuses of this year's legislation.

Now it will be seen at a glance that if the above total were subtracted from the officially estimated product of the new income tax only \$22,000,000 would remain. In other words, more than three quarters of the sum that it is proposed to extort by this plan from some 400,000 people out of a population of 120,000,000 or thereabouts is not needed for any necessary purpose of government. It is not needed for preparedness; or any other commendable purpose of government. It is needed only to lavish bribes upon the constituents of crooked Congressmen. This is the plain unvarnished truth.—N. Y. Sun.

### HE COULD HARDLY WALK

Deranged kidneys cause rheumatism, aches, pains, soreness, stiffness. Ambrose Gary, Sulphur, Okla. writes: "I was bothered with kidney trouble ten years and at times could hardly walk. I began taking Foley Kidney Pills. I got relief from the first but continued till I had taken three bottles. I feel like a new man." Sold everywhere.—Adv.

### SOME PRACTICAL

#### HEALTH HINTS

The hand that carries food to the mouth can also carry disease germs?

Health first is the highest form of safety first.

Tuberculosis and poverty go hand in hand.

The breast fed baby has the better chance.

Physical fitness is preparedness against disease.

Pneumonia is a communicable disease.

Cockroaches very often carry disease with them.

The United States Public Health Service will send a booklet on flies and disease, gratis to all applicants.

### THE BEST LAXATIVE

To keep the bowels regular the best laxative is outdoor exercise. Drink a full glass of water half an hour before breakfast and eat an abundance of fruit and vegetables, also establish a regular habit and be sure that your bowels move once each day. When a medicine is needed, take Chamberlain's Tablets. They are pleasant to take and mild and gentle in effect. Obtainable everywhere.—Adv.

### NOTICE

Lewiston-Bear Lake Irrigation Company, Lewiston, Utah

Stock in the above company will be for sale until September 1, 1916, at the par value of one dollar per share. For particulars apply to ANDREW L. HYER, Pres. G. A. HOGAN, Secy.

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## EVERY TWO HOURS IN EACH DIRECTION "THE ELECTRIC WAY"

TIME OF TRAINS NORTH												
No.	21	1	3	5	7	9	11	13	15			
Hyde Park	7:56	10:06	12:06	2:06	4:06	6:06	8:06	10:06	12:06			
Greenville	7:52	10:02	12:02	2:02	4:02	6:02	8:02	10:02	11:58			
Logan	7:46	9:57	11:57	1:57	3:57	5:57	7:57	9:57	11:53			
Providence	7:37	9:48	11:48	1:48	3:48	5:48	7:48	9:48	11:48			

  

TIME OF TRAINS SOUTH												
No.	2	4	6	8	10	12	14	16	24			
Hyde Park	7:56	9:56	11:56	1:56	3:56	5:56	7:56	9:56	11:41			
Greenville	8:02	10:02	12:02	2:02	4:02	6:02	8:02	10:02	11:45			
Logan	8:10	10:10	12:10	2:10	4:10	6:10	8:10	10:10	11:53			
Providence	8:16	10:16	12:16	2:16	4:16	6:16	8:16	10:16	11:59			

Train No. 21 Leaves Mendon Going North.  
Train No. 24 Goes Only to Mendon.  
FREIGHT SERVICE EACH DIRECTION EVERY WEEK DAY

**OGDEN, LOGAN & IDAHO RY. CO.**  
TRAFFIC DEPARTMENT

## Government Crop Report

The following is a summary of the August crop report for the State of Utah and for the United States, as compiled by the Bureau of Crop Estimates (and transmitted through the Weather Bureau), U. S. Department of Agriculture:

**Winter Wheat**  
Utah—Preliminary estimate 5,020,000 bushels; production last year (final estimate) 6,125,000 bushels.  
United States—Preliminary estimate 455,000,000 bushels; production last year (final estimate) 655,045,000 bushels.

**Spring Wheat**  
Utah—August 1 forecast, 1,940,000 bushels; production last year (final estimate) 2,100,000 bushels.  
United States—August 1 forecast, 199,000,000 bushels; production last year (final estimate) 356,460,000 bushels.

**Oats**  
Utah—August 1 forecast 4,540,000 bushels; production last year (final estimate) 4,700,000 bushels.  
United States—August 1 forecast, 1,270,000,000 bushels; production last year (final estimate) 1,540,362,000 bushels.

**Barley**  
Utah—August 1 forecast 1,240,000 bushels; production last year; final estimate) 1,445,000 bushels.  
United States—August 1 forecast, 195,000,000 bushels; production last year (final estimate) 237,009,000 bushels.

**Potatoes**  
Utah—August 1 forecast 3,080,000 bushels; production last year (final estimate) 2,500,000 bushels.  
United States—August 1 forecast, 264,000,000 bushels; production last year (final estimate) 359,103,000 bushels.

**Hay**  
Utah—August 1 forecast, 621,000 tons; production last year (final estimate), 985,000 tons.  
United States—August 1 forecast, 80,800,000 tons; production last year (final estimate), 85,225,000 tons.

**Pasture**  
Utah—August 1 condition 83 per cent; compared with the ten year average of 92 per cent.  
United States—August 1 condition 86.9 per cent; compared with the ten year average of 81.6 per cent.

**Sugar Beets**  
Utah—August 1 condition 85 per cent; compared with the ten year average of 95 per cent.  
United States—August 1 condition 88.2 per cent; compared with the ten year average of 90.1 per cent.

**Prices**  
The first price given below is the

average on August 1 this year and the second, the average August 1 of last year.

Utah—Wheat, 92 and 92 cents per bushel. Corn 91 and 99 cents. Oats 55 and 50 cents. Potatoes, 135 and 100 cents. Hay \$13 and \$7.60 a ton. Eggs 22 and 18 cents per dozen. United States—Wheat 107.0 and 106.5 cents per bushel. Corn, 79.4 and 78.9 cents. Oats and 45.4 cents. Potatoes, 95.4 and 56.3 cents. Hay, \$10.70 and \$11.02 per ton. Eggs, 20.7 and 17.0 cents per dozen.

### SPEND SUNDAY WITH THE FOLKS

They'll be glad to see you! The Oregon Short Line has Sunday and week end excursion rates every week. Ask agents for details.—Adv. 8-12

### CONCONULLY AND RUBY MINING DISTRICTS

The Conconully and Ruby mining districts are in the north central part of Washington, about 40 miles south of the Canadian border. The ore deposits were discovered as long ago as 1886, but the production has been small, owing to the lack of transportation facilities, difficulty in treating complex ores, and the decline in the price of silver.

The most valuable ore deposits in these districts consist of quartz veins which occur in schists near the areas of granite or at the contact of schists and granite. The ore minerals, pyrite, zinc blende, chalcopirite, and gray copper, carry silver and a little gold.

A report on these districts, by Edward L. Jones Jr., just published by the United States Geological Survey as Bulletin 640 B, contains a study of the geology and mineralogy of the region and detailed descriptions of the individual mines and prospects.

### CURE FOR CHOLERA MORBUS

"When our little boy, now seven years old, was a baby he was cured of cholera morbus by Chamberlain's Colic, Cholera and Diarrhoea Remedy," writes Mrs. Sidney Simmons, Fair Haven, N. Y. "Since then other members of my family have used this valuable medicine for colic and bowel troubles with good satisfaction and I gladly endorse it as a remedy of exceptional merit." Obtainable everywhere.—Adv.

Be loyal to your state and patronize Utah industries.



Babies of the Sells-Floto Circus In Logan Aug. 24